

Activity: All g.o.d. Walks

Location: Various

Date: January – December 2018

Hazard	Who is at risk?	Frequency	Level	Action taken to reduce risk
Walking group member's pre-existing health conditions that may put themselves or others at risk or require emergency treatment.				<ul style="list-style-type: none">• Self-declaration forms.• Carry medication and instructions for use.• Telling someone in the group how to best deal with the health condition if a problem arises.• Alerting others if health condition changes.• Ensuring they are accompanied at all times.• Planning routes to suit capabilities.• Limiting activities to suit the needs of the person.• Restricting participation if the route is deemed too demanding.• Restricting participation when the risk cannot be reasonably managed or participation may put others at risk.

